



Medication Assisted Treatment Orientation Info Sheet Sublocade

General Information

- Hours of operation for the Westbrook's Medical Services are Monday through Thursday 8a-5p and Friday 8a-3p. The phone number is 304-485-1721, ext. 163 for medication questions and ext. 875 for appointment questions.
- Emergency and Crisis line is available 24/7 at 304-485-1725. The Crisis line should be used in the event of an emergent situation.
- All employees involved in your MAT program are mandated reporters. This means that if for any reason a staff member suspects any type of abuse that they will file reports with Child Protective Services, Adult Protective Services, or other appropriate agencies.
- A physical and a biopsychosocial assessment will occur, during an initial appointment with physician/extender, in order to develop an individualized treatment plan or strategy.

Program Requirements

Phases of Treatment

- Phase 1:** Members in phase 1 (less than 12 months of compliance with treatment) will attend a **minimum** of four (4) hours of professional therapeutic services per month. The four hours must contain a **minimum** of one (1) hour individual professional therapy session per month. Frequency of therapeutic services may increase based upon medical necessity, and/or noncompliance.
 - Phase 2:** Members in phase 2 (12 months or more of compliance with treatment) will attend a **minimum** of (2) hours of professional therapeutic services per month individual, family, or group. The two hours must contain a **minimum** of one (1) hour individual professional therapy session per month. Frequency of therapeutic services may increase based upon medical necessity, and/or noncompliance. A single instance of noncompliance during Phase 2, may result in a return to Phase 1.
- **Drug Screens:** A **minimum** of two (2) random urine drug screens per month are required for members in phase 1. A **minimum** of one (1) random urine drug screen per month is required for members in phase 2.

SUBSTANCE USE DISORDER AND MEDICATION ASSISTED TREATMENT

Alternatives to Medication Assisted Treatment Include:

- Addiction Counseling
- Residential Detox and Crisis Stabilization
- Residential Treatment Programs
- Intensive Outpatient Treatment
- Prevention Services
- Self-help groups; 12-Step Support Groups, SMART Recovery, NA, AA, etc.
- Peer Support
- Sober Living Environments

Benefits and Goals of Medication Assisted Treatment:

- The combination of therapies with medication is used to treat the “whole person”
- Stabilize brain chemicals and body functions that have been altered from substance use and abuse
- Block the euphoric effects of alcohol and opioids
- Relieve physiological cravings
- Achieve recovery
- Encourage a healthy lifestyle

Medical risk associated with Medication Detoxification

- Nausea and vomiting
 - Muscle/body aches
 - Insomnia or drowsiness
 - Indigestion
 - Anxiety, depression, and irritability
 - Cravings
 - Fever or chills
 - Sweating
 - Headache
 - Difficulty concentrating
- ❖ Symptoms can vary in severity and duration, depending on how long user have been taking Suboxone, as well as the dosage of the medication.
- ❖ Risks above are increased in pregnant women, additional risk to the child include: restricted fetal growth, separation of the placenta from the uterine wall before delivery, premature labor, low birth weight, and miscarriage.

The Nature of Substance Use Disorder:

- Substance use disorder is a treatable disorder
- Addiction can be managed
- The chronic nature of this disorder means that relapse is a possibility, but treatments are designed to help with relapses

- Chronic substance use disorder can have grave medical, physical and social consequences when left untreated

Signs of an Overdose and How to Respond

Signs and Symptoms of overdose:

- Not waking up or not responding to voice or touch
- Skin is pale, gray, and clammy
- Lips and fingernails turning blue or purple
- Breathing is very slow, irregular, or has stopped
- Slow heartbeat or low blood pressure
- Pinpoint pupils (the center circle of the eye is very small)

What you should do in the event of an overdose:

- Call 911 first!
- Shake the person's shoulders and in a loud, clear voice call their name and ask if they are OK.
- If they do not respond, perform a sternal rub by making a fist and firmly rubbing the center of their breastbone with your knuckles. This hurts and tests for unconsciousness in patients who do not respond to sound.
- Give naloxone according to the package instructions.

Services Offered and Charges for Services

Service Description	Rate	Unit of Service
Psychaitric Diagnostic Evaluation with Med Service	\$128.80	Event
Evaluation & Mgmt - Moderate	\$32.12	Event
Evaluation & Mgmt - Complex	\$53.79	Event
Targeted Case Management	\$14.35	15 min
Service Planning	\$19.98	15 min
Service Planning - Licensed oversight	\$36.00	15 min
Individual Supportive Counseling	\$16.92	15 min
Group Supportive Counseling	\$4.80	15 min
Individual Professional Counseling	\$30.84	15 min
Group Professional Counseling	\$6.60	15 min