



Medication Assisted Treatment Orientation Info Sheet Suboxone

General Information

- Hours of operation for the Westbrook's Medical Services are Monday through Thursday 8a-5p and Friday 8a-3p. The phone number is 304-485-1721, ext. 163 for medication questions and ext. 875 for appointment questions.
- Emergency and Crisis line is available 24/7 at 304-485-1725. The Crisis line should be used in the event of an emergent situation.
- All employees involved in your MAT program are mandated reporters. This means that if for any reason a staff member suspects any type of abuse that they will file reports with Child Protective Services, Adult Protective Services, or other appropriate agencies.
- A physical and a biopsychosocial assessment will occur, during an initial appointment with physician/extender, in order to develop an individualized treatment plan or strategy.

Program Requirements

Diversion Control

Diversion is defined as the unauthorized rerouting of prescription medication; this includes sharing medications, selling medications, and misuse of medications. Misuse of medications is defined as using medications, in any manner, other than as prescribed by the physician/extender.

The components of diversion control include:

- Signing the Treatment Consent Contract
- Prescription Drug Monitoring – A board of pharmacy will be reviewed throughout the course of treatment, which indicates prescriptions filled at a pharmacy.
- Counseling on safe storage of medication
- Urine drug screens - Urine drug screens are used for initial assessment, program protocol, compliance monitoring and to identify need for level of service. They will be completed throughout the course of your care and can be requested at any time for any reason, by staff.
- Call back program for film count

Call Back Program for Medication Count Information

Client's Responsibility

- Clients will need to have a working voicemail and/or an alternate method for receiving messages that can be accessed immediately

- Voicemail must be capable of receiving a message
- If alternate method involves another person ROI must be signed for that person
- Clients must alert staff of vacation or need to be out of town prior to leaving town
- Clients must present with all wrappers (if applicable) and remaining doses from the current prescription of Buprenorphine
- Clients have 24 hours after being notified of need for prescription count for it to be completed, extremely rare exceptions can occur as determined by the provider and/or treatment team
- Failure to comply with any individual mandate will result in a failed count

A successful film count will have the following things:

- The correct number of wrappers from current prescription
- The correct number of doses left from current prescription

Phases of Treatment

- A. **Phase 1:** Members in phase 1 (less than 12 months of compliance with treatment) will attend a **minimum** of four (4) hours of professional therapeutic services per month. The four hours must contain a **minimum** of one (1) hour individual professional therapy session per month. Frequency of therapeutic services may increase based upon medical necessity, and/or noncompliance.
- B. **Phase 2:** Members in phase 2 (12 months or more of compliance with treatment) will attend a **minimum** of (2) hours of professional therapeutic services per month individual, family, or group. The two hours must contain a **minimum** of one (1) hour individual professional therapy session per month. Frequency of therapeutic services may increase based upon medical necessity, and/or noncompliance. A single instance of noncompliance during Phase 2, may result in a return to Phase 1.
- **Drug Screens:** A **minimum** of two (2) random urine drug screens per month are required for members in phase 1. A **minimum** of one (1) random urine drug screen per month is required for members in phase 2.

SUBSTANCE USE DISORDER AND MEDICATION ASSISTED TREATMENT

Alternatives to Medication Assisted Treatment Include:

- Addiction Counseling
- Residential Detox and Crisis Stabilization
- Residential Treatment Programs
- Intensive Outpatient Treatment
- Prevention Services
- Self-help groups; 12-Step Support Groups, SMART Recovery, NA, AA, etc.
- Peer Support
- Sober Living Environments

Benefits and Goals of Medication Assisted Treatment:

- The combination of therapies with medication is used to treat the “whole person”
- Stabilize brain chemicals and body functions that have been altered from substance use and abuse
- Block the euphoric effects of alcohol and opioids
- Relieve physiological cravings
- Achieve recovery
- Encourage a healthy lifestyle

Medical risk associated with Medication Detoxification

- Nausea and vomiting
 - Muscle/body aches
 - Insomnia or drowsiness
 - Indigestion
 - Anxiety, depression, and irritability
 - Cravings
 - Fever or chills
 - Sweating
 - Headache
 - Difficulty concentrating
- ❖ Symptoms can vary in severity and duration, depending on how long user have been taking Suboxone, as well as the dosage of the medication.
- ❖ Risks above are increased in pregnant women, additional risk to the child include: restricted fetal growth, separation of the placenta from the uterine wall before delivery, premature labor, low birth weight, and miscarriage.

The Nature of Substance Use Disorder:

- Substance use disorder is a treatable disorder
- Addiction can be managed
- The chronic nature of this disorder means that relapse is a possibility, but treatments are designed to help with relapses
- Chronic substance use disorder can have grave medical, physical and social consequences when left untreated

Signs of an Overdose and How to Respond**Signs and Symptoms of overdose:**

- Not waking up or not responding to voice or touch
- Skin is pale, gray, and clammy
- Lips and fingernails turning blue or purple
- Breathing is very slow, irregular, or has stopped
- Slow heartbeat or low blood pressure
- Pinpoint pupils (the center circle of the eye is very small)

What you should do in the event of an overdose:

- Call 911 first!
- Shake the person's shoulders and in a loud, clear voice call their name and ask if they are OK.
- If they do not respond, perform a sternal rub by making a fist and firmly rubbing the center of their breastbone with your knuckles. This hurts and tests for unconsciousness in patients who do not respond to sound.
- Give naloxone according to the package instructions.

Services Offered and Charges for Services

Service Description	Rate	Unit of Service
Psychaitric Diagnostic Evaluation with Med Service	\$128.80	Event
Evaluation & Mgmt - Moderate	\$32.12	Event
Evaluation & Mgmt - Complex	\$53.79	Event
Targeted Case Management	\$14.35	15 min
Service Planning	\$19.98	15 min
Service Planning - Licensed oversight	\$36.00	15 min
Individual Supportive Counseling	\$16.92	15 min
Group Supportive Counseling	\$4.80	15 min
Individual Professional Counseling	\$30.84	15 min
Group Professional Counseling	\$6.60	15 min